



AUGUST 2024

Lewis County 4-H

Meet the Agent

Hello everyone! My name is Ashley Hunt and I have the honor of being the new Lewis County 4-H Agent. I am originally from Fleming County, and I am an alumna of Morehead State University where I received my Bachelor's Degree in Biological Sciences and minored in Linguistics and Strategic Communications and Leadership. In my free time I love spending time with my family and friends, spending time outside, reading, and crafting.



I started in 4-H when I was 9-years-old through in-school clubs. When I was 10 I attended 4-H Camp for the first time and fell in love with 4-H. Over the years I participated in many years of 4-H Camp, Teen Summit, Teen Conference, the 4-H Shooting Sports Program, and more. In 2021 I served on West Kentucky 4-H Camp Staff as the Archery Instructor and in 2022 I completed an Extension Internship at the Clark County Extension Office.

I am truthfully so excited to get to work in Lewis County as the 4-H Agent and I can't wait to see where this journey takes us!

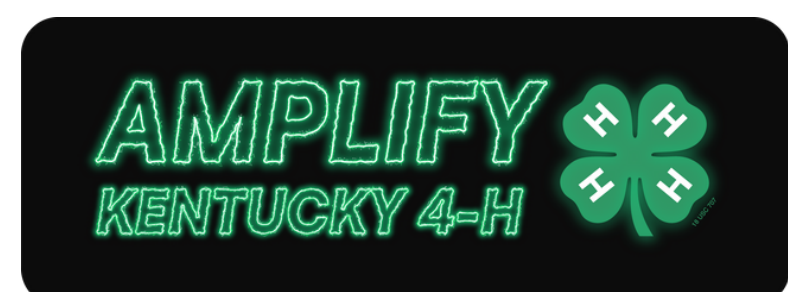
If you have any questions, please feel free to email me at ashley.mhunt@uky.edu or call the Lewis County Extension Office at (606)796-2732.

In this Issue:

Harvest Fest
Pumpkin Art Contest
Robinson Center Field Day
Club Spotlight
4-H Program Year/Enrollment

Lewis County Cooperative Extension Office
284 Second Street
Vanceburg, KY 41179
(606)796-2732

Lewis County Cooperative Extension Agent for 4-H Youth Development
ashley.mhunt@uky.edu
(606)-796-2732



**LEWIS COUNTY VEGETABLE
PRODUCERS**

HARVEST



September 28th, 2024

SEPTEMBER 28, 2024 8:00 A.M. - 2:00 P.M.

PUMPKIN PIE CONTEST ENTRIES TAKEN FROM 11:30 A.M. - NOON

Get your produce, crafts and other items during our annual Harvest Fest!

A pumpkin pie contest will be held for ages 9-13, 14-17 and
adult 18 and up

Rules

- One pie entered per person
 - Pies must be completely cooled
 - A copy of the recipe must be submitted at time of entry with name, address and phone number on the back
 - Entries will be taken from 11:30 a.m. - 12:00 noon
- For questions or to secure a spot to sell your goods, please call
the Lewis County Extension Office at 796-2732***

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities
accommodated
with prior notification.



 **PUMPKIN**
ART
 **CONTEST**



September 28, 2024

Lewis County Farmer's Market

AA Highway in Vanceburg, next to the Lewis Co Health
Department

Registration: 10:00-10:30am

Judging: 10:30am

Awards: 11:00am



Rules:

- Participants must attend Lewis County Schools (homeschool included)
- Participants allowed one entry per category
- Participant must be present during the awards to win
- Age groups are 7-8, 9-13, 14-18 years of age. Age is based on the child's age on January 1, 2024.

Categories:

- Best Painted Pumpkin: Only paint allowed.
- Best Decorated Pumpkin: Any type of media allowed (paint, carving, clay, extra decor, etc)

Prizes:

1st Place - \$50, sponsored by Primary Plus of Vanceburg

2nd Place - \$35, sponsored by Farmers Cooperative Insurance

3rd Place - \$25, sponsored by Trace Creek

FOR MORE INFORMATION, PLEASE CALL OR EMAIL LEWIS COUNTY 4-H AGENT ASHLEY HUNT (606-796-2732) OR ASHLEY.MHUNT@UKY.EDU



Interested in Ag?

Join Cooperative Extension Service Professionals at the Robinson Center for the Research and Farm Field Day! This event is free for all ages, and a meal will be provided. The event will run from 4pm-7pm on Thursday, October 3, 2024 at the Robinson Center located at 130 Robinson Rd, Jackson, KY.

This event offers several educational opportunities such as tours of research plots and the facilities. Participants can also make and take home their own cutting board at the Wood Center! Additionally, demonstrations and workshops will be taking place.

ROBINSON CENTER FIELD DAY

THURSDAY, OCTOBER 3, 2024

4 PM-7:00 PM EST

AT THE ROBINSON CENTER

130 ROBINSON RD, JACKSON, KY

FREE EVENT FOR ALL AGES | MEAL PROVIDED

JOIN US FOR FREE FARM TOURS, DEMONSTRATIONS, AND WORKSHOPS.
ATTENDEES CAN MAKE AND TAKE HOME THEIR OWN CUTTING BOARD!

 Martin-Gatton
College of Agriculture,
Food and Environment

Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities
accommodated
with prior notification.



Club Spotlight - Livestock

Our 4-H/FFA Livestock Club has had a wonderful summer showing off their impressive Showmanship skills and magnificent livestock! Exhibitors have impressed judges across the state this season. Here are just some of the achievements of our Livestock Club Members: Jackson Shoemaker - Bourbon County Grand Champion Junior Showman and Germantown Fair Reserve Champion Berkshire Breeding Gilt; Brantley Shoemaker - Rough River District Reserve Champion Tamworth Market Hog and Germantown Fair Grand Champion AOB Market Hog; Lakelynn Shoemaker - Ewing Fair Intermediate Grand Champion Showman and Germantown Fair Reserve Champion AOB Market Hog; Sonia Cooper - Harrison County Grand Champion Senior Showman and Germantown Fair Grand Champion Berkshire Breeding Gilt; Nathaniel Doyle - Montgomery County Reserve Champion Senior Showman and Pendleton County Open Breeding Gilt Grand Champion; Corinthian Shoemaker - Tollesboro Lions Club Lewis County Proud Reserve Grand Champion Market Goat.

These competitors are also gearing up for the Kentucky State Fair in Louisville this week. Wish them luck in the ring as they represent Lewis County on the state level!

If you are interested in participating in the Lewis County 4-H Livestock Club, please contact Ashley Hunt by calling (606)796-2732 or emailing ashley.mhunt@uky.edu!





AUGUST 2024

2025 Program Year

September 1st is almost here, which means the start of a new 4-H Program Year!

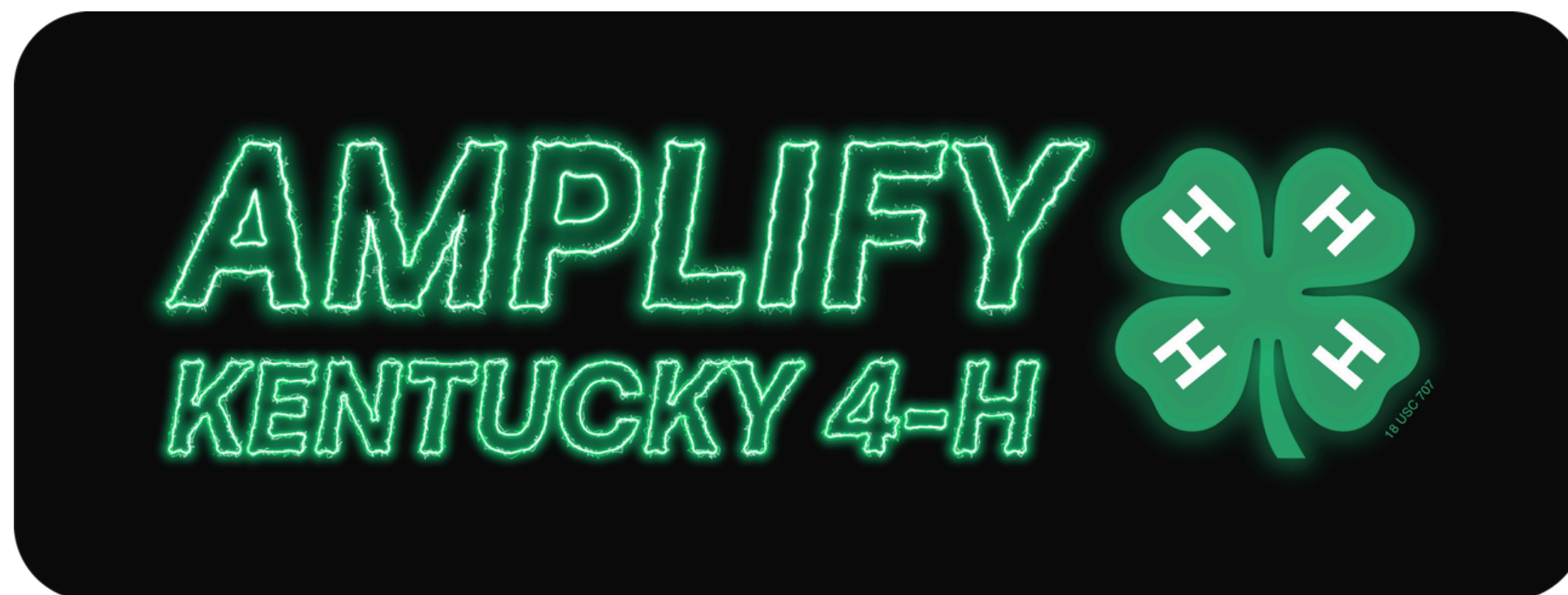
The 2025 Program Year is going to be a big one! With 4-H Shooting Sports, Livestock Club, School Clubs, and so much more, Lewis County youth are sure to find something that strikes their fancy!

All 4th, 5th, and 6th graders will be receiving a Participant Information/Enrollment (PIE) Form with their school enrollment papers. Please make sure that they are returned with the rest of the enrollment papers! We are asking that parents/guardians fill out both pages.

Any other youth ages 9-18 wishing to join can have a parent/guardian fill out the included PIE Form in its entirety and return it to the Lewis County Extension Office. A copy can also be emailed to the parent/guardian or a physical copy can be picked up from the Lewis County Extension Office Monday-Friday from 8:00am-4:30pm (Closed 12:00pm-1:00pm for lunch).

All of us at the Lewis County Extension Office are so excited to work with the children, teens, and adults of Lewis County! We cannot wait for what this new program year brings!

New and returning clubs will be beginning throughout the year! Please keep a look out on our Facebook (Lewis County 4-H, KY) for updates!



4-H Participant Information/Enrollment Form

Should this information change during the program year, it is the responsibility of the parent/guardian(s) to notify the Extension Personnel in writing.

I. Re-Enrollment

If re-enrolling, please complete section I. Re-Enrollment, then review sections II through IX and verify review by signing and dating.

Name:		School Name:		County:	
Grade:					

II. Family Information

This is the primary information we will use to communicate with your 4-H member.

Family Name:		Family Email:	
Family Phone:		Family Address:	

III. Member Information

First Name:		Last Name:	
Preferred Name (optional):		Birthdate:	
		# of Previous Years in 4-H:	
Sex:	M F	Residence:	Farm Town <10,000 or Rural Non-Farm Town/City/Suburb 10,000-50,000 City/Suburb >50,000 City-Central >50,000
Hispanic/Latino:	Yes No	Race:	American Indian Asian Black Native Hawaiian or Pacific Islander White Prefer not to say Not Listed:

IV. Parent/Guardian 1 Information

Last Name:		First Name:	
Phone:		May we release personal information to this person?	Yes No

V. Parent/Guardian 2 Information

Last Name:		First Name:	
Phone:		May we release personal information to this person?	Yes No

VI. Other Emergency Contact

Name:		Relationship:	
Phone:		May we release personal information to this person?	Yes No

VII. Pick Up Information

In addition to the parent/guardian(s) and emergency contacts listed, please list the names of up to two additional people authorized to pick up the above referenced child. These individuals will not be contacted in case of an emergency, the parent/guardian(s) or emergency contact information will only be used. If an individual who is not listed on this form is permitted to pick up your child/children, the parent/guardian(s) will need to provide written permission (letter or email) to Extension personnel or approved volunteer responsible for the event/activity.

Name of First Person:		Relationship to 4-H Member:	
Phone:			
Name of Second Person:		Relationship to 4-H Member:	
Phone:			

VIII. Military Service (if none, skip this section)

Relationship to Member serving:		Branch of service	
Service Status:	Active Duty National Guard Reserves Other:		



IX. Health History

Does the participant have, or at any time has had, any of the following? Check "Yes" or "No" to each item. Please explain any "Yes" answers (noting the number of the item) in the space below or on an additional sheet if necessary. Reporting conditions allow Extension personnel and approved volunteers to best support your young person and will be kept confidential.

Allergies

1.Serious Allergy to Insects	Yes	No
2.Serious Allergy to Dairy	Yes	No
3.Serious Allergy to Gluten	Yes	No
4.Serious Allergy to Nuts	Yes	No
5.Other Allergy(Please explain)	Yes	No

Please explain any "yes" responses, including medications for any allergies

The following over the counter medications may be administered to my child without contacting me:

Acetaminophen:	Yes	No	Antacid:	Yes	No	Antihistamine Pill:	Yes	No
Decongestant:	Yes	No	Dramamine:	Yes	No	Hydrocortisone Cream:	Yes	No
Ibuprofen (Advil)	Yes	No	Polysporin (topical antibiotic)	Yes	No			

Conditions

1.Asthma	Yes	No	6.Fainting	Yes	No	11.Wear Glasses/Contacts?	Yes	No
2.Bronchitis	Yes	No	7.Headaches	Yes	No	Please explain any "yes" responses, including medications taken for any conditions:		
3.Convulsions	Yes	No	8.Heart Condition	Yes	No			
4.Diabetes	Yes	No	9.Hypoglycemia	Yes	No			
5.Ear Infection	Yes	No	10.Other Conditions	Yes	No			

Please explain any restrictions (dietary, physical, etc)

Social, emotional, and/or behavioral health information:

X. REVIEW CONFIRMATION SIGNATURE

All information provided on this form is correct and complete to the best of my knowledge. This person has permission to engage in all events and activities. I hereby give permission to the event designee to provide routine health care, administer prescription and over the counter medications as noted and seek emergency medical treatment if warranted. I agree to the release of all records necessary for medical treatment, billing, or insurance. In the event I cannot be reached in an emergency, I give permission to the attending physician to secure and administer treatment, including hospitalization.

PARENT/GUARDIAN: _____ DATE: _____

XI. SURVE Y & EVALUATION RELEASE

I hereby establish my willingness to participate as an adult (i.e., 4-H leader, other volunteer, parent/ guardian, site manager, etc.) and give permission for my child (under 18 years of age) to complete surveys and evaluations that will be used to determine program effectiveness or to promote the program. I understand that participation in surveys and evaluations is voluntary and that my child and I may choose not to participate and may withdraw from surveys and evaluations without impact on my or my child's eligibility to participate in the 4-H program. I understand that my child or I may be asked for consent before completing a survey or an evaluation.

Yes No I am willing to participate or give permission for my child to participate in any program evaluation. (Initials)

XII. PERMISSION TO PARTICIPATE

I acknowledge that my child is participating in 4-H programs for their own personal benefit and that my child will participate in recreational and other activities as part of 4-H programs. I understand that some activities may have inherent dangers and physical risks and that no amount of care, caution, instruction, or expertise can completely eliminate them. I assume responsibility for all risks, known and unknown, involving my child's participation in 4-H programs and I voluntarily authorize my child's participation in reliance upon my own judgment and knowledge of my child's experience and capabilities. I hereby agree to indemnify and hold harmless the University of Kentucky Cooperative Extension Service and all related parties from any liability, losses, costs, damages, claims or causes of action of any kind or nature arising from or related in any way to my child's participation in 4-H program. (Initials)

XII. PUBLICITY RELEASE

I hereby grant the 4-H program, University of Kentucky and their agents, the right to use, reproduce, assign, and/or distribute still pictures, video, and sound recordings of myself or my minor child without compensation for use in promotion, advertising, educational publications or online content

PARENT/GUARDIAN _____

NO, I DO NOT PERMIT