

Newsletter

4-H YOUTH DEVELOPMENT



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Cooperative Extension Service

Lewis County
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Fall 2018 News

Country Ham Project

Any youth interested in participating in the Country ham project needs to sign up by December 6th, 2018 by filling out the contract on page 3. The cost of the project is \$60.00. Participants cure a country ham and in August go to the State Fair to display their ham. They must also do a speech at the state fair about their country ham project. The contract on page three of this newsletter contains more information about the country ham project.

Leadership Lewis County

Leadership Lewis County Teens will be going to the Kentucky Horse Park on November 21st to view the Southern Lights display. There is no cost but teens will need to bring money to eat on.



Licking River Area Teen Leadership Academy

This month the Licking River Area (LRA) Teen Leadership Academy will be touring the Governor's Mansion and the state Capitol. While touring the capitol

Licking River Area Teen Leadership Academy, cont.

participants will learn about Kentucky history and about government and its role in our daily lives. They will learn the importance of being an active citizen and the importance of voting. Participants from Lewis County in the Academy are Emily Short, Meleah Hobbs, Leyten Thayer, Lylee Greene, and Lynzee Porter.



The LRA Teen Leadership Academy has already met twice this year. The first meeting was in September at Blue Licks State Park. While at Blue Licks the teens worked on teambuilding skills. One activity was using team walkers. Members of a team had to move as a group on the walkers from point A to point B. Many found this activity challenging since everyone had to move at the same time.

The second meeting held in October was a tour of the University of Kentucky Campus. Participants learned some of the requirements for college, the importance of applying early, and applying early for financial aid.

Cooperative Extension Service
Agriculture and Natural Resources
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4-H Youth Development
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LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lewis County Extension Office Diana Wilson dswilson@uky.edu Sherrill Bentley sbentley@uky.edu 796-2732				1	2 TES 12:15 Acevedo 1:00 Gatherwright 1:45 Smyke	3
4	5	6	7	8 LCCE 1:00 Hall 1:45 Hurst	9 TES \$ & Sense Morning 12:15 Hay 1:00 McGowan 1:45 Thayer	10
11	12	13 GES \$ & Sense	14	15	16	17
18	19 LCCE 1:00 Willis 1:45 Bass	20 LCCE 1:00 Webb 1:45 Rizzo	21	22	23	24
25	26 GES 8:00 Patton 8:45 Gardner 9:30 Harr 10:15 Porter	27 LCCE Breadmaking 5th grade	28 LCCE Breadmaking 5th grade GES 1:15 Hall 2:10 Moore	29 LCCE Breadmaking 5th grade LES 1:10 3/4th grade 2:00 5/6th grade	30 TES Breadmaking 5th grade	

December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lewis County Extension Office Diana Wilson dswilson@uky.edu Sherrill Bentley sbentley@uky.edu						1
2	3	4	5 LCMS 8:55 Morehouse 11:10 Morehouse 12:00 Morehouse 12:55 Morehouse	6	7 TES Breadmaking	8
9	10 4-H Livestock Club 5:30 Extension Office	11 LES Breadmaking LCCE 1:00 Willis 1:45 Bass	12 Staff	13 GES Breadmaking LCCE 1:00 Hall 1:45 Hurst	14 GES Breadmaking	15
16	17	18 LCCE 1:00 Webb 1:45 Rizzo	19	20	21	22
23	24	25	26	27	28	29
30	31					



2019 Kentucky 4-H Country Ham Project

NAME _____

ADDRESS _____

TELEPHONE _____ COUNTY _____

BIRTHDATE _____ GRADE _____

Please read each and initial you understand the requirements of the project:

By taking part in the country ham project, I am responsible for the following:	4-H Member initial	Parent Initial
Must complete 6 hours of training under the supervision of a certified livestock volunteer.		
Giving a 3-5-minute presentation at Ky. State Fair on Thursday, Aug. 15, 2019 On the required topic: <u>Junior (Born 2009 - 2005) How to cook and store a country ham.</u> - Discuss the best ways to store your country ham after the fair and the various ways to cook a country ham. <u>Senior (Born 2000 - 2004) Design a country ham curing facility for your counties ham project.</u> - More and more counties are building their own country ham houses. You have an unlimited budget, design your counties dream country ham house and curing facility. Please note – ALL SENIORS PRESENTATIONS MUST BE AT LEAST 2 MINUTES LONG OR THEY WILL BE DIS-QUALIFIED AND HAMS FORFIETED.		
Pay \$60.00 fee – you will receive 2 hams (failure to complete the project, fee will NOT be refunded and you will forfeit both hams, Upon forfeit, if the two hams are not returned an additional \$60.00 fee will be charged and if the additional fee is not paid the 4-H member will not be able to participate in next years' country ham project).		

All winning hams will be placed on display at the Kentucky State Fair and will be returned at its conclusion.

Parents Signature Date

4-H'er Signature Date

Agent Signature Date

Completion of the 4-H Country Ham project makes 4-Her eligible to apply for Country Ham Scholarship, applications are due July 2019.





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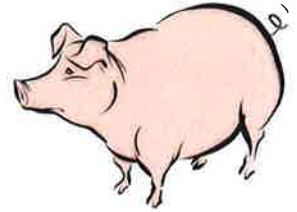
Youth interested in showing Lambs, Hogs,
Steers, Market Goat or Feeder Calves

4-H Livestock Project Meeting

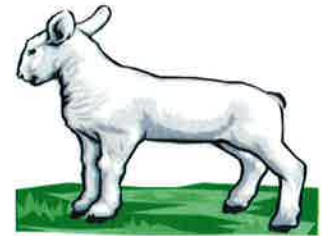
**Date- October 20nd, 2018
December 10th, 2018**

Place- Lewis County Extension Office

Time- 5:30 P.M.



- If you want to show livestock in Lewis County you must attend this meeting if you did not attend the October meeting.
- You must have six educational hours To show and sell your animal prior to Tag-in
- Ages 5-8 Novice category -Novice can show but not sell at Germantown
- 9-19 Junior and Senior Category- Must sell at Germantown



Equal Opportunity

Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, ethnic origin, creed, religion, political beliefs, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status or physical or mental disability. If special assistance is needed for a child to participate; call the Extension Office prior to the meeting date to make arrangements.

To file a complaint, write USDA Director, Office of Civil Rights, Room 326-W, Whitten Bldg., 14th and Independence Ave. SW, Washington, D.C. 20250-9410 or call (202)720-5964. The USDA is an equal opportunity provider and employer.

4-H is a **community** of **young people**
across **America** who are learning
leadership, citizenship and
life skills.

Sincerely,

Sherrill Bentley
County Extension Agent
4-H Youth Development